

What did Jesus Believe about Worry Matthew 6:25-34

Introduction: Don't worry, Be happy!

How many of us worry or have anxiety? How do we deal with it?

Vs. 25 – Therefore I tell you, don't worry about your life...

KJV – Therefore I say unto you, Take no thought for your life...

Is Jesus saying to just sit back, take life easy, eat drink and be merry?

Luke 12:20- Jesus calls this kind of response to life foolish.

But what is Jesus actually trying to teach us about worry?

He isn't calling us to care free or careless living, but to careful living.

Sermon on the mount – Beatitudes, salt & light, fulfillment of the law, murder and adultery of the heart, loving our enemies, giving to the needy, prayer & fasting, storing up treasures in heaven, bearing fruit, and building our lives on a solid foundation.

Scripture speaks harshly about idle living! 2 Thes 3:10-12, 1Tim. 5:8

We are created in God's image, His workmanship! Therefore we work!

But Jesus tells us to work for something more than just our earthly needs – John 6:27. Only Eternal food will truly satisfy – John 6:35.

The woman at the well – John 4:13-15! Jesus can eternally quench our thirst!

Is it true that in seeking Christ & His kingdom and righteousness that our earthly concerns and needs will be satisfied as well?

How can we not worry about this life when there seems to be so much to be worried about?

Verse 25 starts with the word "Therefore", meaning we must consider what is said before if this kind of response to life is possible.

Matt. 6:19-24 For where your treasure is there your heart will also be.

If our hearts treasure the things of this world we will live worry-filled lives, b/c the things of this world are temporary and unreliable.

What do we treasure, what catches our eye, what is significant to us?

Verse 24 – *No one can serve two masters. Either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve both God and mammon!* **See James 4:4**

Do we see ourselves as adulteress people? We are the bride of Christ!

The prophet Hosea – married a prostitute to show God's people what they were doing in their relationship with their God.

Mammon in vs. 24 signifies anything in this world that is accounted by us to be gain. Our desire is either for worldly gain or serving God!

It's not that we must not, or we should not, but that we cannot serve two masters. **See 1 John 2:15-17**

The promise God gives is that if we seek Christ and His kingdom first, then all these things (our daily needs) will be given to us as well.

Vs 29 -speaks of Solomon in his splendor. This was the by product of his decision to seek wisdom over worldly gain. 1 Kings 3:9-14

Worry and anxiety fill the lives of those who seek and trust in the things of this world to provide for their needs. All-State's stand!

Seeking Christ & his kingdom first really does drive out anxiety b/c of the assurance we have that we are in better hands- God's hands!

Eternal Security! Preservation of the sheep! Held in their hands!

It's crucial to have an understanding of God's Providence! Rom. 11:33-36

Providence presents a God who is in control over every part of His creation. He preserves and governs it while giving special care to His rational creatures (vs. 26-30).

Vs. 26 – If God fully provides for the birds of the air, how much more will He provide for us! We are of greater value! **Mt 10:29-31**

Vs. 28-30 – Look at God's provisions for the lilies of the field, they are here today and gone tomorrow. **See Psalm 8:3-9**

God also takes particular care in providing for His people - His elect. Rom 8:28-39, Jer. 1:5, 29:11, Ps 23, 139:16-18, Mark 10:29-30, **Matt 6:31-33**

God has a mighty hand, and He cares for us: we need to trust Him, humble ourselves & live our lives according to His plan, for He will take care of us & all our anxieties can be placed upon Him. 1 Pet 5:6-7

The Old Testament example of Abraham: **Gen 22:1-18**

Conclusion: God is sovereign and He works providentially in us so...

Vs 31 – God knows your needs so turn to Him! **Phil. 4:6-7!**

Col. 3:23-“Whatever you do, work at it with all your heart, as unto the Lord”. Seek His glory & His purposes first & He will take care of you.